

AUTUMN/WINTER 2024/2025 MENU



WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese V	Classic Beef Burger with potato wedges	Roast Gammon with roast potatoes and gravy	BBQ Chicken Pizza with nut-free pesto pasta 🌿	Southern Fried Chicken with chips
	OR	OR	OR	OR	OR
OPTION 2	Cheesy Bean Burrito V 🌿 🍷	Quorn Burger with potato wedges V	Roast Quorn with roast potatoes and gravy V	Meatless Feast Cheesy Pizza with nut-free pesto pasta V 🌿	Veggie Fingers with chips V
	OR	OR	OR	OR	OR
OPTION 3	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings including salmon mayo 🐟	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V
	OR	OR	OR	OR	OR
OPTION 4	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿

ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE

DESSERT	Chocolate Brownie	Apple Crumble with custard	Rice Pudding with jam or chocolate spread	Flapjack with fruit wedges	Raspberry Jelly
	OR	OR	OR	OR	OR
	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏

OPTION 5 PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



V Vegetarian 🐟 Oily Fish 🌿 Wholegrain 🍏 Fruity! ❤️ Nutritionist's Choice H Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

AUTUMN/WINTER 2024/2025 MENU



WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with nut-free pesto pasta V	Beef Bolognese with wholemeal pasta WF	Roast Beef with roast potatoes and gravy	Chicken Tikka Masala with wholegrain rice WF	Fish Fingers with chips
	OR	OR	OR	OR	OR
OPTION 2	Vegetable Fajita with wholegrain rice VWF	Chinese Vegetable Noodles V	Quorn Sausages with roast potatoes and gravy V	Macaroni Cheese V	Quorn Dippers with chips V
	OR	OR	OR	OR	OR
OPTION 3	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings including salmon mayo F	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V
	OR	OR	OR	OR	OR
OPTION 4	Tomato Pasta fresh, homemade tomato sauce with pasta VWF	Tomato Pasta fresh, homemade tomato sauce with pasta VWF	Tomato Pasta fresh, homemade tomato sauce with pasta VWF	Tomato Pasta fresh, homemade tomato sauce with pasta VWF	Tomato Pasta fresh, homemade tomato sauce with pasta VWF

ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DESSERT	Chocolate Cookie	Apple and Cinnamon Sponge with custard	Fruits of the Forest or Strawberry Jelly	Orange Drizzle Cake	Crunchy Chocolate Mousse
	OR	OR	OR	OR	OR
	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A

OPTION 5 PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



V Vegetarian F Oily Fish WF Wholegrain A Fruity! HF Nutritionist's Choice H Halal Available




























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WEEK 3


W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with nut-free pesto pasta 	Pork Sausages with mashed potato and gravy	Roast Chicken with roast potatoes and gravy	Chicken and Vegetable Korma with wholegrain rice  	Breaded Fish Fingers with chips
	OR	OR	OR	OR	OR
OPTION 2	Chilli No Carne with Crispy Tortilla with wholegrain rice   	Quorn Sausages with mashed potato and gravy 	Roasted Vegetable Cranberry Slice with roast potatoes and gravy 	Vegetable Korma with rainbow rice   	BBQ Quorn Fillet with chips 
	OR	OR	OR	OR	OR
OPTION 3	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings including salmon mayo 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 
	OR	OR	OR	OR	OR
OPTION 4	Tomato Pasta fresh, homemade tomato sauce with pasta  	Tomato Pasta fresh, homemade tomato sauce with pasta  	Tomato Pasta fresh, homemade tomato sauce with pasta  	Tomato Pasta fresh, homemade tomato sauce with pasta  	Tomato Pasta fresh, homemade tomato sauce with pasta  

ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE

DESSERT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chocolate Beet Brownie with orange slices 	Bread and Butter Pudding with custard	Sicilian Lemon Cookie with fruit wedges 	Jam Sponge with custard	Vanilla Ice Cream
	OR	OR	OR	OR	OR
	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 

OPTION 5 PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water




 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available

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